Level of Belief Action Plan

Complete after reading Chapter 1A and 1B of Just Get Serious® About Your Success.

In column #1 write your goals, dreams, the things you want to have and do in life. In column #2, write your current level of belief, based on what you read in Chapter 1A and 1B. In column #3 to write what actions you will take to increase or maintain your belief, use the suggestions you just read or ideas that you come up with.

Now you have a plan to strengthen or maintain your level of belief. Take action by making what you listed part of your daily routine, writing them on your to-do list and/or adding them to your plans. Now act on them so your level of belief supports your goals and dreams. Periodically revise this form as your level of belief and/or dreams and goals change.

Column #1 Your Dreams, Goals & Plans (Short-Term and Long-Term)	Column #2 Your Current Level of Belief*	Column #3 Actions You Will Take To Increase or Maintain Your Belief Level

*Use Unbelief, Borderline Belief, Fluctuating Belief, Solid Belief, or Bold Belief.

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770-498-0400 - Donna@JustGetSerious.com - www.JustGetSerious.com